YEAR 10 CONTINUITY OF LEARNING 2 WEEK CYCLE FROM MONDAY 9 NOVEMBER TO FRIDAY 20 NOVEMBER 2026

CORE Subjects	Lesson and Resources	Notes / Extension Task
ENGLISH	**Unit: A Christmas Carol** **Lesson 1:** Context 1. Intro to ACC Context (4).pptx **Lesson 2:** Scrooge 2. The construction of Scrooge (2).pptx **Lesson 3:** Poverty 3. Poverty in Stave 1 (2).pptx **Lesson 4:** Jacob Marley Ghsot 4. Marley's Ghost (4).pptx **Lesson 5:** Ghost of Christmas Past 5. The Ghost of Christmas Past (3).pptx **Lesson 6:** Fezziwig 6. Fezziwig (4).pptx **Lesson 7:** Belle 7. Belle (5).pptx **Lesson 8:** Ghost of Christmas Present 8. Ghost of Christmas Present (2).pptx **Lesson 9:** The Cratchits 9. The Cratchits (4).pptx **Lesson 10:** Fred's Party 10. Fred's Party (3).pptx **Lesson 11:** Unseen poem 11. Unseen POTM - Family.pptx	Complete next tasks in the homework booklet Summarise what Dickens is trying to teach the audience through each character. Consider what lessons we are meant to learn.

YEAR 10 CONTINUITY OF LEARNING 2 WEEK CYCLE FROM MONDAY 9 NOVEMBER TO FRIDAY 20 NOVEMBER 2026

CORE Subjects	Lesson and Resources	Notes / Extension Task
MATHS HIGHER (Sets 1 & 2)	Lesson 1 Density **Sparx: U910** Complete the questions at all levels. When finished, follow this link and answer the questions Click the tick at the bottom to see the solutions Density Lesson 2 Pressure **Sparx: U527** Complete the questions at all levels. When finished, follow this link and answer the questions Pressure Lesson 3 Pressure and density mixed **Sparx: U842** Complete the questions at all levels. Lesson 4 Expanding double brackets **Sparx: U768** Complete the questions at all levels. When finished, follow this link and answer the questions. Click the tick at the bottom to see the solutions Expanding double brackets	Notes: Where relevant, find the Sparx Task by clicking on Independent Learning:  And then search for the relevant task in the Search bar:  Use the videos for support as you answer the questions. Extension Tasks: Go to: https://www.examq.co.uk/ Search for 'Change the subject of a formula' Answer the GCSE exam questions Check your answers using the markscheme

YEAR 10 CONTINUITY OF LEARNING 2 WEEK CYCLE FROM MONDAY 9 NOVEMBER TO FRIDAY 20 NOVEMBER 2026

<table>
<tr><th>CORE Subjects</th><th>Lesson and Resources</th><th>Notes / Extension Task</th></tr>
<tr><td rowspan="3">MATHS
HIGHER
(Sets 1 & 2)</td><td><u>Lesson 5</u>
Plotting quadratic graphs Sparx: U989
Complete the questions at all levels.
When finished, follow this link, and answer the questions 1-3. Click the tick at the bottom to see the solutions
Plotting quadratics</td><td rowspan="3"><u>Notes:</u>
Where relevant, find the Sparx Task by clicking on Independent Learning:

And then search for the relevant task in the Search bar:

Use the videos for support as you answer the questions.

<u>Extension Tasks:</u>
Go to:
https://www.examq.co.uk/
Search for ‘Change the subject of a formula’
Answer the GCSE exam questions
Check your answers using the markscheme</td></tr>
<tr><td><u>Lesson 6</u>
Follow this link and answer the questions 4 -14. Click the tick at the bottom to see the solutions
Plotting quadratics</td></tr>
<tr><td><u>Lesson 7</u>
Turning points of a quadratic graph Sparx: U769
Complete the questions at all levels.</td></tr>
</table>

YEAR 10 CONTINUITY OF LEARNING 2 WEEK CYCLE FROM MONDAY 9 NOVEMBER TO FRIDAY 20 NOVEMBER 2026

CORE Subjects	Lesson and Resources	Notes / Extension Task
MATHS FOUNDATION (Sets 3, 4 & 5)	Lesson 1 Density **Sparx: U910** Complete the questions at all levels. When finished, follow this link and answer the questions Click the tick at the bottom to see the solutions Density Lesson 2 Pressure **Sparx: U527** Complete the questions at all levels. When finished, follow this link and answer the questions Pressure Lesson 3 Pressure and density mixed **Sparx: U842** Complete the questions at all levels. Lesson 4 Expanding double brackets **Sparx: U768** Complete the questions at all levels. When finished, follow this link and answer the questions. Click the tick at the bottom to see the solutions Expanding double brackets	Notes: Where relevant, find the Sparx Task by clicking on Independent Learning:  And then search for the relevant task in the Search bar:  Use the videos for support as you answer the questions. Extension Tasks: Go to: https://www.examq.co.uk/ Search for 'Change the subject of a formula' Answer the GCSE exam questions Check your answers using the markscheme

YEAR 10 CONTINUITY OF LEARNING 2 WEEK CYCLE FROM MONDAY 9 NOVEMBER TO FRIDAY 20 NOVEMBER 2026

CORE Subjects	Lesson and Resources	Notes / Extension Task
MATHS FOUNDATION (Sets 3, 4 & 5)	Lesson 5 Plotting quadratic graphs **Sparx: U989** Complete the questions at all levels. When finished, follow this link, and answer the questions 1-3. Click the tick at the bottom to see the solutions Plotting quadratics Lesson 6 Follow this link and answer the questions 4 -14. Click the tick at the bottom to see the solutions Plotting quadratics Lesson 7 Turning points of a quadratic graph **Sparx: U769** Complete the questions at all levels.	Notes: Where relevant, find the Sparx Task by clicking on Independent Learning:  And then search for the relevant task in the Search bar:  Use the videos for support as you answer the questions. Extension Tasks: Go to: https://www.examq.co.uk/ Search for 'Change the subject of a formula' Answer the GCSE exam questions Check your answers using the markscheme

YEAR 10 CONTINUITY OF LEARNING 2 WEEK CYCLE FROM MONDAY 9 NOVEMBER TO FRIDAY 20 NOVEMBER 2026

CORE Subjects	Lesson and Resources	Notes / Extension Task
SCIENCE	KS4> select for correct tier Higher or foundation Energy Lesson 1: Energy Transfers Curriculum - Curriculum Lesson 2: The Kinetic store Curriculum - Curriculum Lesson 3: The gravitational store Curriculum - Curriculum Lesson 4: conservation of energy Curriculum - Curriculum Lesson 5: The elastic potential store Curriculum - Curriculum Lesson 6: Power Curriculum - Curriculum Lesson 7: Efficiency Curriculum - Curriculum	**Sparx - How to Use** Notes: Where relevant, find the Sparx Task by clicking on Independent Learning:  And then search for the relevant task in the Search bar: 

YEAR 10 CONTINUITY OF LEARNING 2 WEEK CYCLE FROM MONDAY 9 NOVEMBER TO FRIDAY 20 NOVEMBER 2026

Foundation Subject	Lesson and Resources	Notes / Extension Task
ART	Check Arbor. All work and resources are available there. Email teacher if unsure	
BUSINESS STUDIES	**Lesson 1 & 2** 08 The Role of the entrepreneur - 2026.pptx **Lesson 3 & 4** 09 Market Research 1 (1).pptx	
COMPUTER SCIENCE	Lesson 1 Go to bbc bitesize (Representation of data - Binary and data representation - Edexcel - GCSE Computer Science Revision - Edexcel - BBC Bitesize). Read through the pages on “Binary shift and negative numbers”, “Hexadecimal Notation” and “Representation of data”	
	Lesson 2 Go to Smart revise change the filter to 2.1 Go though using the multiple quiz, terms and advanced section answering questions on the topics from Lesson 1	
	Lesson 3 Go to Caesar Cipher - 101 Computing and read through that a Caesar cipher is. Using the cipher wheel encrypt and decrypt some words and phrases like “Hello”, “How are you” using different keys (1,2,6,13). Below the wheel there is a section called Encrypted message, Using the wheel decrypt the message.	
	Lesson 4 Using Caesar Cipher - 101 Computing and the flow chart on this link create a python program for encrypting and decrypting messages.	Flow Chart Link

YEAR 10 CONTINUITY OF LEARNING 2 WEEK CYCLE FROM MONDAY 9 NOVEMBER TO FRIDAY 20 NOVEMBER 2026

Foundation Subject	Lesson and Resources	Notes / Extension Task
DRAMA	Reread Find Me. Script attached. SCRIPT	
DT – FOOD	Lesson 1 - Read the information about food science with carbohydrates and answer the quiz questions attached – screenshot your work and send to your teacher. Student Shared Drive - 17. Food science Carbohydrates.pdf - tiles Quiz - food science carbohydrates.docx	
	Lesson 2 - Try making one of the following at home and email a picture to your teacher: Student Shared Drive - Tray bake ingredients.pdf - tiles OR Make a poster showing all the separate ingredients – research and label the function of each ingredient nutritionally and scientifically.	
	Lesson 3 - Read the information about sensory evaluation and answer the quiz questions attached – screenshot your work and send to your teacher. Student Shared Drive - 30. Sensory evaluation.pdf - tiles Quiz - Sensory evaluation.docx	
	Read the information about food science with carbohydrates and Lesson 4 - answer the quiz questions attached – screenshot your work and send to your teacher. Student Shared Drive - 17. Food science Carbohydrates.pdf - tiles Quiz - food science carbohydrates.docx	

YEAR 10 CONTINUITY OF LEARNING 2 WEEK CYCLE FROM MONDAY 9 NOVEMBER TO FRIDAY 20 NOVEMBER 2026

Foundation Subject	Lesson and Resources	Notes / Extension Task
DESIGN TECHNOLOGY (TIMBERS)		

YEAR 10 CONTINUITY OF LEARNING 2 WEEK CYCLE FROM MONDAY 9 NOVEMBER TO FRIDAY 20 NOVEMBER 2026

Foundation Subject	Lesson and Resources	Notes / Extension Task
DT - TEXTILES	Lesson 1 - Textiles – from fibre to fabrics Use the link to bitesize Use of material properties in commercial products - Textile-based materials - AQA - GCSE Design and Technology Revision - AQA - BBC Bitesize Use the link to a quiz Use of material properties in commercial products.docx Save and share your work with your teacher	
	Lesson 2 - Textiles based materials Use the link to bitesize, watch the video and read the text. Scales of production - Textile-based materials - AQA - GCSE Design and Technology Revision - AQA - BBC Bitesize Use the link to a quiz Scales of production.docx Save and share your work with your teacher	
	Lesson 3 - Textiles based materials Use the link to bitesize, watch the video and read the text. Accuracy and quality control - Textile-based materials - AQA - GCSE Design and Technology Revision - AQA - BBC Bitesize Use the link to a quiz Accuracy.docx Save and share your work with your teacher	
	Lesson 4 - Textiles tools and equipment Use the link to bitesize, watch the video and read the text. Commercial processes - Textile-based materials - AQA - GCSE Design and Technology Revision - AQA - BBC Bitesize Use the link to a quiz Commercial Processes.docx Save and share your work with your teacher	

YEAR 10 CONTINUITY OF LEARNING 2 WEEK CYCLE FROM MONDAY 9 NOVEMBER TO FRIDAY 20 NOVEMBER 2026

Foundation Subject	Lesson and Resources	Notes / Extension Task
FRENCH	Here are BBC Bitesize links to the topic we are studying at the moment: - T1: Music, cinema, TV and reading in French - T1: Social Media and mobile technology in French	**Notes:** 1. Watch the video on Bitesize and complete the activities. 2. Make a note of any new words in French and English 3. Revise a set on Vocab Slam 4. Go to the student P drive and choose a revision resource. **Homework / Extension tasks:** 1. Active Learn. Go to https://www.pearsonactivelearn.com/app/Home Your username is your Regis School email. Your password is Tr5Reset20 Complete set tasks.
GEOGRAPHY	**Monday 9 November** **L13** - Earth's structure and convection Specific GCSE resource – earth's structure CGP Edexcel B: Tectonics – p. 13 SENECA Edexcel B – matching topic **L14** - Distribution of plates Specific GCSE resource – distribution of plates CGP Edexcel B: Tectonics – p. 14 SENECA Edexcel B – matching topic **Monday 16 November** **L15 -** Causes of contrasting volcano profiles Specific GCSE resource – volcano CGP Edexcel B: Tectonics – pp. 15, 17 SENECA Edexcel B – matching topic	

YEAR 10 CONTINUITY OF LEARNING 2 WEEK CYCLE FROM MONDAY 9 NOVEMBER TO FRIDAY 20 NOVEMBER 2026

Foundation Subject	Lesson and Resources	Notes / Extension Task
HEALTH & SOCIAL CARE		
HISTORY	Industrial medicine - See Arbor for resources	
MUSIC	**w/c 02.11.26** Developing understanding of pop music: rock, blues and rock 'n' roll: The origins of rock: blues into rock 'n' roll https://www.thenational.academy/teachers/programmes/music-secondary-ks4-eduqas/units/rock-anthems/lessons/the-origins-of-rock-blues-into-rock-n-roll?sid-77193e=QuP67chGcn&sm=1&src=4 **w/c 16.11.26** Developing understanding of pop music: rock, blues and rock 'n' roll: The origins of rock: rock 'n' roll https://www.thenational.academy/teachers/programmes/music-secondary-ks4-eduqas/units/rock-anthems/lessons/the-origins-of-rock-rock-n-roll?sid-5a9035=VnWpaGmjtU&sm=1&src=4	
PHYSICAL EDUCATION BTEC & GCSE	Teachers will email specific students missing from their class or email your teacher for guidance. Please email your class teacher to request work. Your teacher will set you work that is bespoke to the unit you are currently covering in lesson.	Email addresses are below for ease. YEAR 10 GCSE Mrs Lovelock Jennifer.Lovelock@theregisschool.co.uk or Miss Parker Jessica.Parker@theregisschool.co.uk YEAR 11 GCSE Mr Thompson Rhys.Thompson@theregisschool.co.uk YEAR 10 BTEC Miss Marden Hattie.Marden@theregisschool.co.uk or Mr Bernard George.Bernard@theregisschool.co.uk YEAR 11 BTEC Miss Parker Jessica.Parker@theregisschool.co.uk or Mr Mott Harrison.Mott@theregisschool.co.uk

YEAR 10 CONTINUITY OF LEARNING 2 WEEK CYCLE FROM MONDAY 9 NOVEMBER TO FRIDAY 20 NOVEMBER 2026

Foundation Subject	Lesson and Resources	Notes / Extension Task
PSYCHOLOGY	Evaluate Multi Store Model Of Memory Explain the strengths and weaknesses of the multi store model with reference to research support and real life application Describe the similarities and differences between the multi store model and the information processing approach with reference to: Similarities – Names of memory stores / capacities / Encoding / retrieval Differences = 3 step process for information processing / Names of the senses	Powerpoint for lesson can be found on student shared drive Subjects – Social Sciences – Psychology – GCSE – Lessons – Year 10 - Memory
	Data and Extraneous Variables Research and define the following terms: Types of Data: Qualitative / Quantitative / Primary / Secondary How to control extraneous variables: Randomisation / Counterbalancing / Standardised Procedure / Single Blind / Double Blind	Powerpoint for lesson can be found on student shared drive Subjects – Social Sciences – Psychology – GCSE – Lessons – Year 10 - Memory
	Peterson and Peterson Be able to describe the aims / procedure / findings and conclusion of the research You need to make reference to the use of trigrams / Counting back in 3's / recalling the trigram Results link to 80% recalling the trigram after 3 seconds but only 10% after 18 seconds Conclusions should reference that short term memory rapidly fades	Powerpoint for lesson can be found on student shared drive Subjects – Social Sciences – Psychology – GCSE – Lessons – Year 10 - Memory
	Evaluate Peterson and Peterson Explain strengths and weaknesses of the study with reference to levels of control and real-life application	Powerpoint for lesson can be found on student shared drive Subjects – Social Sciences – Psychology – GCSE – Lessons – Year 10 - Memory

YEAR 10 CONTINUITY OF LEARNING 2 WEEK CYCLE FROM MONDAY 9 NOVEMBER TO FRIDAY 20 NOVEMBER 2026

Foundation Subject	Lesson and Resources	Notes / Extension Task
RELIGIOUS STUDIES		
SPANISH	Here are BBC Bitesize links to the topic we are studying at the moment: Cultural Life	**Notes:** 1. Watch the video on Bitesize and complete the activities. 2. Make a note of any new words in Spanish and English 3. Choose a Vocab Slam set to revise. 4. Go to the student P drive and choose a revision resource. 1. Active Learn. Go to https://www.pearsonactivelearn.com/app/Home Your username is your Regis School email. Your password is Tr5Reset20 Complete set tasks